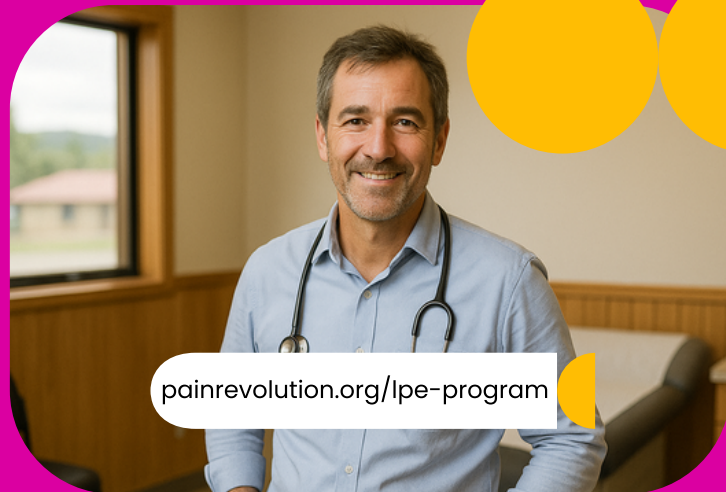


Are you passionate about pain?

Become a Local Pain Educator

Gain Expert Training, Mentorship
& Tools to Transform Pain Care
in Your Community.



painrevolution.org/lpe-program

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Who is Pain Revolution?

Pain Revolution is a collaborative initiative of the University of South Australia involving researchers, clinicians, consumers, and peak bodies working towards the vision that all Australians have access to the knowledge, skills and local support to prevent and overcome persistent pain. This multidisciplinary and cross-sector initiative is led by Professor Lorimer Moseley AO, pain scientist, educator and clinician. One of their initiatives is the LPE Program.

What is the LPE Program?

The Local Pain Educator (LPE) Program is a community-based health promotion initiative offered by Pain Revolution. The program is designed to train and empower health professionals to lead pain education efforts in their local communities.

In the first year, participants focus on foundational training in pain science and education. The second year provides training and support to help LPEs establish Local Pain Collectives (LPCs) within their communities, furthering the impact of their education and outreach efforts (see more about LPCs below). This initiative forms part of the Return of Service obligation for LPE scholarship recipients.

What is a Local Pain Educator?

A Local Pain Educator (LPE) is a health professional specialising in persistent pain, who has completed Pain Revolution's LPE Program. As part of the training, participants undertake the University of South Australia's Professional Certificate in Pain Science & Education, alongside additional training workshops tailored to developing the specific knowledge and competencies required to become an LPE. The program is designed to enhance the capacity of rural communities by embedding knowledge & skills around best practice pain care.

What makes up a Local Pain Collective?

The LPCs will consist of cross-disciplinary health care professionals from within your community who work in some capacity with persistent pain consumers and who want to be part of a LPC that meets to learn and discuss best practice pain care. The LPC will meet for 5 sessions within a timeframe that works best for you and your community. You will act as the Facilitator for the group and will deliver a session on a key Pain Education Concept followed by group discussion. The group will learn from each other whilst also building valuable professional and inter-disciplinary networks.

The culmination of your LPC will be delivering a public Whole of Community Event in your community. You will facilitate this event; however, you will also have the input and help from everyone within your Collective. You will decide together what would be of most benefit to your community and deliver the event together.

Why become an LPE?

- Research consistently demonstrates that a deeper understanding of pain and effective strategies for managing it is essential, yet often inadequately provided.
- Globally, there is widespread recognition of the urgent need for comprehensive pain education for all members of the community.
- Local Pain Educators (LPEs) are highly trained in both contemporary pain science and the methods of educating others about current knowledge and best practices.
- LPEs are addressing this critical gap and driving meaningful change, backed by a collaborative network of interdisciplinary experts dedicated to improving pain management.



Re-think.
Re-engage.
Recover!

For enquiries about the LPE program contact:
tanushka@painrevolution.org
To learn more about our initiatives visit:
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Program Structure & Eligibility

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2 year LPE Program Schedule

The schedule is subject to change and is provided as a guide only – to help you determine whether the time commitments required are reasonable for you.

Date:	Event / Workshop
Month 1 Month 2-4 Month 3 Month 4-6 Month 7 Month 8-10 Month 11 Month 12-14 Month 15-17 Month 18 Month 19-21 Month 22-24 Month 25	Orientation workshop (2hrs) Pain Science UniSA (10 weeks: 10hrs pw) National Pain Collective event (1.5 hrs) Pain Education, UniSA (8 weeks: 10hrs pw) LPE Immersion workshop (1/2 day Online, Saturday) Mentorship, community action plan (1-2hrs pw) Q & A with Prof. Lorimer Moseley online (1 hr) Face-to-face weekend workshop Develop and establish your LPC (1-2hrs pw) Whole of Community Event Training (1hour) Delivering 5 Collective sessions (2-4hrs p/event), Deliver several community Pain Event (10-15hrs pm) Graduation Workshop- (1 day: Online/Face to face TBD)

Program Key Components

- Professional Certificate in Pain Science, delivered online by the University of South Australia:
 - Unit 1 – Pain Science: Month 1 – Month 3
 - Unit 2 – Pain Education: Month 4 – Month 5
- 12-month Mentor Program, each LPE is paired with a clinical or education expert in pain and its management.
- Resources and support to establish and deliver a Local Pain Collective (LPC).
- Access to a national network, including webinars, peer support, and educational resources.
- Skill-Building Workshops to enhance practical competencies in pain education

Who are we looking for?

We are seeking General Practitioners (GPs), Pharmacists, Nurses, and Allied Health Professionals based in Northern NSW and the Mid North Coast of NSW, the Limestone Coast of SA, Western VIC and Far North QLD, who are passionate about improving pain care. Ideal candidates will be motivated to bring contemporary pain knowledge & management skills to their local communities. You'll have the opportunity to join a national network of like-minded professionals dedicated to transforming the way we approach care for individuals living with persistent pain.

What is the aim of the LPE Program?

The aim of the program is to build local capacity in rural and regional communities, ensuring the delivery of evidence informed practices for the prevention and treatment of persistent pain. It also seeks to enhance the broader community's understanding of pain and its most effective management strategies. Local Pain Educators (LPEs) will play a key role in establishing Local Pain Collectives (LPCs) within their communities. These collectives will foster discussions to update current knowledge on persistent pain, while collaboratively developing sustainable pain education and self-management strategies that can be embedded within the community.

Local Pain Educator Program

Responsibilities & Scholarships

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Your Commitment to Pain Revolution

Your acceptance into the program is contingent upon your agreement to meet all program requirements, as outlined below:

Year 1

- Completion of the Professional Certificate in Pain Science and Education
- Attendance at LPE Orientation activities
- Participation in the LPE Immersion Weekend and network events

Year 2

- Attendance at Pain Rev training sessions and network activities (4 annual sessions)
- Fulfillment of the Return of Service Obligation
- Development and delivery of a Local Pain Collective (LPC) and a Whole of Community event within your community

Note

There may also be a requirement from funding organisations that you remain employed in a specified **region** or **organisation** for a designated period after completing the program.

If an LPE is unable to meet the commitment requirements without sufficient reason, Pain Revolution and/or funding bodies reserve the right to request a partial pro-rata refund of the LPE training investment.

Additional Responsibilities

- **Peer Engagement:** Actively support fellow LPEs throughout the program.
- **Community Engagement:** Collaborate with local stakeholders to identify and create opportunities for pain education.
- **Network Participation:** Engage in network activities, including:
 - Attending webinars
 - Participating in national pain collective events
 - Contributing to discussion forums and peer-to-peer learning
- **Feedback and Evaluation:** Respond to surveys and provide feedback on the training and educational activities to inform program evaluation.
- **Future Mentorship:** Opportunity to become a mentor for future cohorts of LPEs.

Scholarships

Scholarships are available for successful applicants from Northern NSW, the Mid North Coast of NSW, the Limestone Coast of SA, Western VIC and Far North QLD.

Applicants from outside these designated regions will be required to secure their own funding through grants or scholarships, or alternatively, self-fund their participation in the program.



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